

INDI-

Breakfast

HEALTHY STARTS

Hot Steel Cut Oatmeal

Dried cranberries / pecans / brown sugar 6

Bistro Fruit Montage **GF**

Pineapple / melon / seasonal berries / yogurt dip 10

Berry and Yogurt Parfait **GF**

Greek yogurt / seasonal berries / all-natural granola 8

Strawberry Banana Smoothie **GF**

Strawberry / banana / pineapple juice /
non-fat Greek yogurt / honey 6

Mango Blueberry Smoothie **GF**

Mango / blueberry / orange juice /
non-fat Greek yogurt / honey 6

Farm Fresh Scrambled Egg and Ham Wrap

Scrambled eggs / ham / red peppers / spinach /
low-fat Jack cheese / whole wheat tortilla / salsa 9

Mediterranean Egg White Frittata **GF**

Egg whites / roasted peppers / spinach /
mushrooms / feta 12

EGG PLATES

ALL PLATES COME WITH YOUR CHOICE OF BREAKFAST POTATOES, SLICED TOMATOES, LOW-FAT COTTAGE CHEESE OR A SIDE OF FRUIT.

Farm Fresh Eggs Anyway *

Two eggs anyway / choice of sausage links, applewood smoked bacon, or grilled country ham / toast 10

Veggie Flatbread Sandwich

Scrambled eggs / pesto / tomatoes / Mediterranean cheese / spinach 10

Carefree Omelet

Three farm fresh eggs or egg whites / choice of
grilled country ham / maple sausage / applewood
smoked bacon / sweet red onions / vine ripened to-
matoes / bell peppers /



Sheraton®

CRESCENT HOTEL

FROM THE GRIDDLE

SUGAR FREE SYRUP IS AVAILABLE UPON REQUEST.

ADD SEASONAL BERRIES OR BANANAS 2

Bistro French Toast

Cinnamon raisin bread / powdered sugar / whipped butter /
warm maple syrup 10

Buttermilk Pancakes

Three fluffy pancakes / powdered sugar / whipped butter /
warm maple syrup 10

Belgian Waffle

Crispy waffle / powdered sugar / whipped butter / warm ma-
ple syrup 9

A LA CARTE OPTIONS

Breakfast Pastry 3

Croissant / muffin / danish

Side of Toast 3

Wheat / white / rye / sourdough / English muffin

New York Style Bagel 3

With cream cheese

Applewood Smoked Bacon 4 **GF**

Sausage Links 4 **GF**

Grilled Ham 4 **GF**

Crispy Breakfast Potatoes 4 **GF**

Assorted Cereals or Granola 6

Choice of milk / choice of berries or bananas

Fresh Fruit and Berry Bowl 6 **GF**

Cup of Yogurt 3.5 **GF**

Regular / low-fat / Greek / fresh seasonal berries

Low-fat Cottage Cheese 3 **GF**

Side of Sliced Tomatoes 3 **GF**

BEVERAGES

Freshly Brewed Coffee 3

Specialty coffees available upon request

Assorted Tazo Tea 3

Fresh Brewed Iced Tea 3

*** We cook all eggs, chicken, beef and fish to order, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.**

GF Gluten Free

**All to go orders will have an 18% gratuity added / Parties of 6 or more will have a 20% service charge added
All split plates will have a \$2 charge added**